

Isobel Fraser Family and Friends

Newsletter

October 2023

Hello to everyone and we all hope you are keeping well.

As we write this, we are now into Autumn lovely to see the trees changing colour but not so nice to see the dark nights and we have had lots of wind and rain but as always, we are kept very cosy and warm in the home.

*Mabel has been
Enjoying blending
Into nature..*



Our chickens have also been busy with some
Fresh eggs.....



The past couple of months we have been very busy we have enjoyed a lot of outings and one we are going to miss until next year 2024 is our boat trips on the seagull trust boat down the canal but it will not be long in passing.



Our residents here at the home enjoy going to **Merkinch** lunch club every Wednesday and are always served with a lovely lunch and enjoy listening to various music every week, every second week they enjoy going to sounds familiar at the **Craigmonie** again they join in with singing and dancing.



We are very grateful of Merkinch for allowing us to hire their mini bus out each week and even if its just to get the residents out for a run in the bad weather we always have lunch pre booked in some nice places.



Over the past few weeks our senior kara has been very busy getting our new hairdressing salon finished and it is looking very smart I'm sure our hairdresser Rachel will be happy with it.



Over the next couple of months, we are going to be very busy here in the home with Halloween and Christmas coming up lots of work to be done with our residents

Happy
Halloween

We would also like to welcome 2 new members to our activity team happy faces Lisa Macpherson and Violet Macphee we all look forward to lots more activity fun and outings its all about making memories



Look out for our activity planner on a Monday



And on our face book page over the next couple of months...



Take care and stay warm over the winter months

*Love from all at
Isobel Fraser Family*

